

# Outdoor power shock absorption

For many hikers, the relentless impact of descending a steep, rocky trail can turn a joyful adventure into a painful ordeal for your joints. This is where walking poles with integrated shock ...

LAST-A-FOAM® EF-4000 is a low-density, shock absorbing foam engineered for superior impact protection and energy absorption in demanding applications.

Whether you're looking to reduce vibrations in heavy machinery, prevent falls in construction work, or stabilize your vehicle's performance, the market offers various specialized solutions.

To understand what types of materials are best for shock absorption, one must understand shock, why shock absorption is important, and how shock energy is absorbed.

This post will explore the best shock-absorbing trekking poles available, highlighting their features and benefits. Whether you're a seasoned hiker or a beginner, finding the right trekking pole ...

In sports equipment, shock-absorbing materials protect athletes from injuries by cushioning impacts during competitive activities. Also, in construction, the use of shock-absorbing materials can enhance ...

Discover top anti-shock mechanism poles for hiking, enhancing comfort and stability on your adventures. Explore expert recommendations and tips for your journey.

Chip away those icy days with the Snow Joe 7-Inch Blade Ice Chopper. Built with a spring-loaded handle and a non-slip D-ring grip, the SJEG700 absorbs the shock of ice chopping to reduce the ...

Shock absorption is the engineered process of mitigating the effects of a sudden, high-intensity transfer of kinetic energy, commonly known as a shock or impulse. When an object abruptly ...

What Is Shock? Why Is Shock Absorption Important? How Is Shock Energy absorbed? What Are The Most Important Characteristics of A Shock Absorption Material? What Is Sorbothane®? Why Is Sorbothane The Best Material For Shock Absorption? Contact Us A process called "damping"--the dispersion or disruption of the energy caused by shock's impact forces--absorbs the energy from shock by decreasing the amplitude (strength) of the shock energy's wave or by changing the wave's frequency. Absorption reduces or eliminates the adverse effects, injury, or damage to an object or individual caused by shock. See more on sorbothane

#b\_results .b\_vidAns{border-radius:6px;box-shadow:0 0 0 1px rgba(0,0,0,.05);padding:16px 20px;gap:10px;background:#fff}@charset "UTF-8";#b\_results .b\_ans.b\_vidAns{box-shadow:none!important;padding:var(--smtc-gap-between-content-medium) 0!important;background:var(--bing-smtc-background-ctrl-fade-on-image-stop-0)}#b\_results #serpvidans.vsf

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```
.mc_vtvc,#b_results #serpvidans.vsacf .mc_vtvc_th,#b_results #serpvidans.vsacf .cico,#b_results
#serpvidans.vsacf .mc_vtvc_htb,#b_results #serpvidans.vsacf .vrhc,#b_results #serpvidans.vsacf
.vrhcp,#b_results #serpvidans.vsacf .vrhtc,#b_results #serpvidans.vsacf
.vrhtpc{border-radius:var(--mai-smtc-corner-list-card-default)}#b_results #serpvidans.vsacf .mmlist
.mc_vtvc,#b_results #serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta{margin:0}#b_results
#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_channel,#b_results #serpvidans.vsacf
.mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_row_channel{color:var(--smtc-foreground-content-neutral-primary)}#serpvidans.vsacf,#serpv
idans.vsacf .expctn .expbody,#serpvidans.vsacf
.mmlist{display:flex;flex-direction:column;gap:var(--smtc-gap-between-content-medium)}#serpvidans.vsacf
.cico{height:auto}#serpvidans.vsacf .mc_vtvc_ban_lo{top:0;right:auto}#serpvidans.vsacf .mc_cwvc .mc_vtvc
.mc_vtvc_meta,#serpvidans.vsacf .mmlist .mc_vtvc
.mc_vtvc_meta{height:auto;padding:var(--smtc-gap-between-content-xx-small) 0
var(--smtc-gap-between-content-xx-small)
var(--smtc-gap-between-content-medium);display:flex;flex-direction:column;justify-content:space-between}#
serpvidans.vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta .mc_vtvc_title,#serpvidans.vsacf .mmlist .mc_vtvc
.mc_vtvc_meta
.mc_vtvc_title{color:var(--smtc-ctrl-link-foreground-brand-rest);font:var(--bing-smtc-text-global-body2);heig
ht:auto;display:-webkit-box;-webkit-line-clamp:2;-webkit-box-orient:vertical}#serpvidans.vsacf .mc_cwvc
.mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block_area,#serpvidans.vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block,#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area,#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block{display:flex;flex-direction:column;gap:var(--smtc-padding-ctrl-text-side)}#serpvidans.
vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block_area .mc_vtvc_meta_row,#serpvidans.vsacf
.mc_cwvc .mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block .mc_vtvc_meta_row,#serpvidans.vsacf .mmlist
.mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block_area .mc_vtvc_meta_row,#serpvidans.vsacf .mmlist
.mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block .mc_vtvc_meta_row,#serpvidans.vsacf .mmlist
.mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block
.mc_vtvc_meta_row{color:var(--smtc-foreground-content-neutral-primary);height:var(--mai-smtc-padding-car
d-default);font:var(--bing-smtc-text-global-caption1)}#serpvidans.vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area .mc_vtvc_meta_row .mc_vtvc_meta_row_channel::before,#serpvidans.vsacf
.mc_cwvc .mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block .mc_vtvc_meta_row
.mc_vtvc_meta_row_channel::before,#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area .mc_vtvc_meta_row .mc_vtvc_meta_row_channel::before,#serpvidans.vsacf
.mmlist .mc_vtvc .mc_vtvc_meta .mc_vtvc_meta_block .mc_vtvc_meta_row
.mc_vtvc_meta_row_channel::before{content:" . "}#serpvidans.vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area .mc_vtvc_meta_pubdate,#serpvidans.vsacf .mc_cwvc .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block .mc_vtvc_meta_pubdate,#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area .mc_vtvc_meta_pubdate,#serpvidans.vsacf .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block
.mc_vtvc_meta_pubdate{color:var(--bing-smtc-foreground-content-neutral-tertiary);padding-bottom:0}.vsacf
.mc_cwvc .mc_vtvc_con_rc,.vsacf .mmlist .mc_vtvc_con_rc{display:flex}.vsacf .mc_cwvc .mc_vtvc_con_rc
```

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```
.mc_vtvc_meta_w,.vsacf .mmlist .mc_vtvc_con_rc .mc_vtvc_meta_w{height:auto}.vsacf
.b_title{padding-left:0}.vsacf .b_title
.mmtitle{font:var(--bing-smtc-text-global-subtitle1-strong);margin-bottom:0}.vsacf .b_title .mmtitle
a::after{content:"";margin:5px 5px 0 0;border-top:2px solid
var(--smtc-foreground-content-neutral-primary);border-right:2px solid
var(--smtc-foreground-content-neutral-primary);background-size:7px
7px;width:7px;height:7px;transform:rotate(45deg);display:inline-block;margin-left:4px}#serpvidans.vsaf
.b_title .mmtitle{margin-bottom:0}#serpvidans.vsaf .b_title .mmtitle
a{color:var(--smtc-foreground-content-neutral-primary)}#serpvidans.vsaf .cardless.mmlist
.mc_vtvc_con_rc,#serpvidans.vsaf .cardless.mmlist .mc_vtvc_th{height:auto}#serpvidans.vsaf
.vsb_tr_c.va_tt{margin:0}#serpvidans.vsaf .vtbc .mv_vtvc_play,#serpvidans.vsaf .vtbc
.mv_vtvc_play_ext{position:static}#serpvidans.vsaf .va_tt
.mc_vtvc_ban_lo{display:block}#serpvidans.vsaf
.mc_bc{width:auto;border-radius:var(--smtc-ctrl-badge-sm-corner);padding:var(--smtc-padding-ctrl-text-side)
var(--smtc-gap-between-content-xx-small)}#serpvidans.vsaf .rmts .mc_bc
ems{display:none}#serpvidans.vsaf a.vsb_tr_t{color:var(--smtc-foreground-content-neutral-primary)}.vsacf
.va_tt .vsb_tr_chd .mc_vtvc_th_dock.rmoveoverlay{height:36px}.vsacf .va_tt .vsb_tr_chd
.mc_vtvc_th_dock{height:92px;background:linear-gradient(180deg,var(--bing-smtc-background-ctrl-fade-on-i
mage-stop-0) 0%,var(--mai-smtc-background-ctrl-on-image-rest) 100%)}.vsacf .va_tt a.vsb_tr_t{padding:0
0;font:var(--bing-smtc-text-global-body-2-alt-strong)}.vsacf .va_tt .vsb_tr_chd .mc_vtvc
.mc_vtvc_meta,.vsacf .va_tt .vsb_tr_chd .mc_vtvc
.mc_vtvc_title{color:var(--mai-smtc-foreground-ctrl-on-image-rest)}.vsacf
span.vcmt_ctt{font:var(--bing-smtc-text-global-caption2);margin:var(--smtc-gap-between-content-xx-small) 0
0;height:16px}#serpvidans.vsaf .vsb_tr_chd .mc_vtvc_tot .mc_vtvc_title
strong{font-size:14px;line-height:20px;display:unset}#serpvidans.vsaf .va_tt .b_sldrp
.slide:not(:first-child){margin-left:var(--smtc-gap-between-content-small)}#serpvidans.vsaf .va_tt
.vsb_tr_chd .mc_vtvc
.mc_vtvc_title{white-space:normal;display:-webkit-box;-webkit-line-clamp:2;-webkit-box-orient:vertical}#se
rpvidans.vsaf .b_module_expansion_control .b_btnContainer
.b_CompactExpansion{background-color:var(--bing-smtc-background-ctrl-neutral-rest);display:flex;justify-co
ntent:center;align-items:center;gap:4px;width:fit-content;height:auto;padding:8px 12px}#serpvidans.vsaf
.b_module_expansion_control .b_btnContainer .b_CompactExpansion
.b_CompactExpansionBtnText{font:var(--bing-smtc-text-global-caption1-strong);color:var(--bing-smtc-foregr
ound-ctrl-neutral-primary-alt-rest)}#serpvidans.vsaf .b_module_expansion_control .b_btnContainer
.b_CompactExpansion .b_arrow{display:flex;margin:0;height:auto}#serpvidans.vsaf
.b_module_expansion_control .b_btnContainer .b_CompactExpansion .b_arrow
path#Shape{fill:var(--bing-smtc-foreground-ctrl-neutral-primary-alt-rest)}#serpvidans.vsaf
.b_module_expansion_control
.b_btnContainer::after{content:"";position:absolute;width:100%;bottom:20px;left:0;height:1px;border-radius:
1px;background:var(--smtc-stroke-ctrl-on-neutral-rest)}#b_results
.b_ans.b_vidAns{box-shadow:none;padding:12px 20px 0}#b_results .b_ans.b_vidAns
```

```
.vasac{padding:unset;margin:0}#b_results .b_ans.b_vidAns .vsa .b_attribution{padding-bottom:0}#b_results
.b_ans.b_vidAns .cardless .salink{margin:0}#b_results .b_ans.b_vidAns .mmlist
.mc_vtvc{margin-top:10px}#b_results .b_ans.b_vidAns .mmlist .mc_vtvc
.mc_vtvc_meta{display:flex;flex-direction:column;justify-content:space-between;margin:0 10px 4px
12px}#b_results .b_ans.b_vidAns .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_channel{color:#111}#b_results .b_ans.b_vidAns .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_row_channel,#b_results .b_ans.b_vidAns .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area{color:#666}#b_results .b_ans.b_vidAns .mmlist .mc_vtvc .mc_vtvc_meta
.mc_vtvc_meta_block_area{bottom:0;height:unset}.b_dark .vsa.cardless
.mc_vtvc{background-color:unset}.mmlist>a{display:block}.mc_fh{height:100%;border-radius:6px}.mc_tc_
bs{overflow:hidden}.mmlist .mc_vtvc .mc_vtvc_meta { padding: 12px 16px 16px 16px; } .mmlist .mc_vtvc
.mc_vtvc_meta_w { height: 112px; margin-top: -0px; } .mmlist .mc_vtvc .mc_vtvc_title { height: 44px;
line-height: 22px; margin-bottom: 0px; margin-top: 0px; } .mmlist .mc_vtvc .mc_vtvc_meta_block_area {
height: 40px; } .mmlist .mc_vtvc .vtmu, .mmlist .mc_vtvc .vtpl { bottom: 120px; } .mmlist .mc_vtvc_th_dock
{ height: 112px; } .mmlist .mc_vtvc_th .cico { height: 131px; }
.mc_vtvc{background-color:#fff;box-shadow:0 0 0 1px
rgba(0,0,0,.05);line-height:0;margin:0;position:relative;border-radius:6px;overflow:hidden}.mc_vtvc.noshado
w{box-shadow:none}.mc_vtvc_con_rc{border-radius:6px;overflow:hidden;position:relative}.mc_vtvc>a{colo
r:#71777d;display:block;text-decoration:none;width:100%}.mc_vtvc>a:focus::after{outline:2px solid
#00a89d;width:100%;height:100%;content:"";outline-offset:-2px;position:absolute;top:0;left:0}.mc_vtvc_th{ba
ckground-color:#d5d5d5;position:relative}.mc_vtvc_th
.cico{border-radius:0}.mc_vtvc_ban_lo,.mc_vtvc_ban_up{position:absolute;vertical-align:middle}.mc_vtvc_
ban_lo{bottom:0}.mc_vtvc_ban_up{top:0}.mc_vtvc_title{font-weight:normal;margin-bottom:11px;overflow:
hidden;color:#111;height:54px;line-height:18px}.mc_vtvc_title
a{display:inline-block;color:#111}.mc_vtvc_title
a:hover{text-decoration:underline}.mc_vtvc_src_ico{float:left;margin-right:4px}.mc_vtvc_act{height:16px;m
argin-top:-40px;padding:12px
8px;z-index:1}.mc_vtvc_actc{right:16px;bottom:16px;position:absolute;display:inline-block;z-index:1}.mc_v
tvc_act_sep{border-top:1px solid #d5d5d5;height:40px;margin:0 8px}.mc_vtvc_fh
.mc_vtvc_act_sep,.mc_vtvc_fh .mc_vtvc_act{visibility:hidden}#serpvidans
.b_topTitle{margin-bottom:8px}.mc_vtvc_htc{width:100%;height:100%;position:absolute;top:0;bottom:0;left
:0;right:0}.mc_vtvc_htb{width:100%;height:100%;background:rgba(0,0,0,.7);position:absolute;top:0;bottom:
0;left:0;right:0}.mc_vtvc_ht{width:100%;padding:0
16px;line-height:16px;color:#fff;text-decoration:underline;word-break:break-word;box-sizing:border-box;vert
ical-align:middle;text-align:center}.mc_vtvc_th_live_b{background-color:#c80000;color:#fff;display:inline-bl
ock;padding:2px 8px;font:11px/14px
Arial;border-radius:2px;text-transform:uppercase;height:15px;width:26px;position:absolute;left:8px;top:110p
x}.isvctrl .isv
.mc_vtvc_ban_up{left:0;right:initial}.mc_vtvc_ban_lo,.mc_vtvc_ban_up{right:0}.vt_text.b_lRight
.b_lLeft{margin:0 0 0 1px;height:14px;line-height:14px;padding:2px
8px;background:rgba(0,0,0,.75);border-radius:2px;font-weight:bold}.mc_vtvc_thb{width:100%;height:100%;bac
```

```
background:rgba(0,0,0,.7);position:absolute;top:0;bottom:0;left:0;right:0;display:table}.mc_vttht{width:100%;padding:0
16px;line-height:16px;color:#fff;text-decoration:underline;word-break:break-word;box-sizing:border-box;vertical-align:middle;text-align:center;display:table-cell}.vt_text.b_IRight .b_ILeft{margin:0 0 0
1px;height:14px;line-height:14px;padding:2px
8px;background:rgba(0,0,0,.75);border-radius:2px;font-weight:bold}.emptyStyleForDebuggingPurpose{top:0
}.emptyStyleForDebuggingPurpose{top:0}.mc_vtvc_center_play{width:32px;height:32px;background-size:cover;position:absolute;margin:auto;bottom:0;top:0;left:0;right:0;box-shadow:none;border-radius:0}.mc_vtvc_center_play.rmvbg{width:32px;height:32px;background-image:none}.mc_vtvc_htb,.mc_vtvc_ht{display:none}.vt_onhv .mc_vtvc_htb{display:table}.vt_onhv
.mc_vtvc_ht{display:table-cell}.mc_vtvc_center_play{display:inline-block}.vt_onhv
.mc_vtvc_center_play{display:none}.mc_vtvc .vtmu,.mc_vtvc .vtpl{bottom:163px}.vsarf .mc_vtvc
.vtmu,.vsarf .mc_vtvc .vtpl{bottom:122px}.svarh #mmcar .mc_vtvc .vtmu,.svarh #mmcar .mc_vtvc
.vtpl{bottom:137px}.svarht #mmcar .mc_vtvc .vtmu,.svarht #mmcar .mc_vtvc
.vtpl{top:8px;left:8px}.mc_vtvc_center_play{background-image:url(data:image/svg+xml,%3Csvg%20width%3D%2232%22%20height%3D%2232%22%20viewBox%3D%220%200%2032%2032%22%20fill%3D%22none%22%20xmlns%3D%22http%3A%2F%2F%2F2000%2Fsvg%22%3E%0D%0A%20%20%20%20%3Crect%20width%3D%2232%22%20height%3D%2232%22%20rx%3D%2216%22%20fill%3D%22black%22%20fill-opacity%3D%220.6%22%2F%3E%0D%0A%20%20%20%20%3Cpath%20d%3D%22M14.2354%2010.1923C13.2355%209.62986%2012%2010.3524%2012%2011.4997V20.5C12%2021.6472%2013.2355%2022.3698%2014.2354%2021.8073L22.2356%2017.3073C23.2551%2016.7339%2023.2551%2015.2661%2022.2357%2014.6926L14.2354%2010.1923Z%22%20fill%3D%22white%22%20fill-opacity%3D%220.9%22%2F%3E%0D%0A%3C%2Fsvg%3E)}.mmlist .mc_vtvc{margin:10px 1px 0}.mmlist
.mc_vtvc_con_rc{display:flex}.cardless .mmlist .mc_vtvc_con_rc{height:112px}.mmlist .mc_vtvc
.mc_vtvc_meta{display:flex;flex-direction:column;justify-content:space-between;margin:0 10px 4px
12px;padding:0}.mmlist
.mc_vtvc_title{font-weight:400;font-size:16px;height:44px;line-height:22px;margin-bottom:0;margin-top:0;color:unset}.mmlist .mc_vtvc_meta_row{font-size:13px}.mmlist .mc_vtvc
.mc_vtvc_meta_block_area{height:unset}.mmlist .mc_vtvc .vtmu,.mmlist .mc_vtvc
.vtpl{bottom:8px}.cardless .mmlist .mc_vtvc{box-shadow:none}.cardless.mmlist
.mc_vtvc_center_play{width:32px;height:32px}.cardless.mmlist
.mc_vtvc_title{font-size:16px;color:unset}.cardless.mmlist
.mc_vtvc_meta_row{line-height:20px}.cardless.mmlist
.mc_vtvc_meta_pubdate{padding-bottom:2px;color:#666}.cardless.mmlist .mc_vtvc_th,.cardless.mmlist
.mc_vtvc_th .cico,.cardless.mmlist .mc_vtvc_th div.rms_img{border-radius:6px}.cardless.mmlist
.mc_vtvc_th{height:111px}.cardless.mmlist
.mc_vtvc_htc{border-radius:6px;overflow:hidden}#serpvidans.vasac.cardless{box-shadow:none}.cardless.mmlist
.mc_bc{padding:2px 8px;line-height:14px;border-radius:2px;font-weight:normal}.mmlist
.mc_vtvc:hover
.mc_vtvc_title{text-decoration:underline}.mc_vtvc_meta{box-sizing:border-box;display:inline-block;line-height:18px;position:relative;width:100%}.mc_vtvc_meta_block{bottom:0;position:absolute;width:100%}.mc_v
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.mc_bc{background-color:rgba(0,0,0,.75);opacity:1}.mmsi{height:16px;width:16px;position:relative;top:5px;
padding-right:var(--smtc-gap-between-content-xx-small)}.mmsi-microsoftnews,.mmsi-msn{top:3px}.vrhdata
{display:none}.mmgrid>div{width:197px;display:inline-block;margin-right:8px;margin-bottom:8px;box-shad
ow:0 0 0 1px
rgba(0,0,0,.05);position:relative;vertical-align:top;overflow:hidden;white-space:normal;border-radius:6px}.vs
arr .mmgrid>div,.vsarr1stbig .mmgrid>div{margin-right:8px;margin-bottom:8px}#serpvidansrr .mc_vtvc
.mc_vtvc_meta{height:auto}#serpvidansrr .mc_vtvc
.mc_vtvc_title{display:-webkit-box;-webkit-line-clamp:2;-webkit-box-orient:vertical}.mmgrid
.mc_tc{border:0}.vsa .mmgrid>div:nth-child(3n){margin-right:0}.vsa
.b_moreLink{padding-top:4px}#serpvidansrr
.mc_vtvc_meta_row{line-height:18px;font-size:100%;height:17px}.vsarr
.mmgrid>div:nth-child(2n){margin-right:0}#serpvidansrr .mc_vtvc .vtmu,#serpvidansrr .mc_vtvc
.vtpl{bottom:128px}.vsarr1stbig .mmgrid>div:nth-child(2){margin-right:0}#serpvidansrr.uipolish
.mc_vtvc_meta_pubdate,#serpvidansrr.uipolish .mc_vtvc_meta_channel,#serpvidansrr.uipolish #vidans2
.b_videocard .video_metadata .video_source{color:#767676}#serpvidansrr #vidans2 .b_videocard
.video_metadata_container,#serpvidansrr #vidans2 .b_videocard .video_metadata_container
.video_metadata>h3{width:100%}@media(max-width:1362.9px){#serpvidansrr
.mmgrid>div{width:168px;height:206px}#serpvidansrr .mmgrid>div .cico,#serpvidansrr .mmgrid>div .cico
.rms_img{width:168px;height:100px}#serpvidansrr .mc_vtvc .mc_vtvc_meta{padding:12px}#serpvidansrr
.mc_vtvc .mc_vtvc_title{height:32px;line-height:16px;margin-bottom:16px}#serpvidansrr .mc_vtvc
.mc_vtvc_meta_block_area{height:34px}#serpvidansrr
.mc_vtvc_meta_row{line-height:15px;font-size:13px;height:15px}#serpvidansrr
.mc_vtvc_meta_pubdate{padding-bottom:4px}#serpvidansrr .mc_vtvc .vtmu,#serpvidansrr .mc_vtvc
.vtpl{bottom:114px}#serpvidansrr #vidans2 .b_videocard .videoPlayer,#serpvidansrr #vidans2 .b_videocard
.videoPlayer .cico,#serpvidansrr #vidans2 .b_videocard .videoPlayer .cico
.rms_img{width:343px!important;height:194px!important;margin-right:0}@media(max-width:1274.9px){#s
erpvidansrr .mmgrid>div{width:124px;height:164px}#serpvidansrr .mmgrid>div .cico,#serpvidansrr
.mmgrid>div .cico .rms_img{width:124px;height:76px}#serpvidansrr .mc_vtvc
.mc_vtvc_meta{padding:8px}#serpvidansrr .mc_vtvc
.mc_vtvc_title{height:32px;line-height:16px;margin-bottom:12px}#serpvidansrr .mc_vtvc
.mc_vtvc_meta_block_area{height:28px}#serpvidansrr
.mc_vtvc_meta_row{line-height:13px;font-size:11px;height:13px}#serpvidansrr
.mc_vtvc_meta_pubdate{padding-bottom:2px}#serpvidansrr .mc_vtvc .vtmu,#serpvidansrr .mc_vtvc
.vtpl{bottom:96px}#serpvidansrr #vidans2 .b_videocard .videoPlayer,#serpvidansrr #vidans2 .b_videocard
.videoPlayer .cico,#serpvidansrr #vidans2 .b_videocard .videoPlayer .cico
.rms_img{width:256px!important;height:144px!important;margin-right:0}#serpvidansrr .maskthumb
.mc_bc_w{padding:8px 4px 4px 8px}#serpvidansrr.withsplitline
.mmgrid>div:nth-last-child(1),#serpvidansrr.withsplitline
.mmgrid>div:nth-last-child(2){margin-bottom:24px}#serpvidansrr.withsplitline .mmgrid{border-bottom:1px
solid #ecec;#ecec;margin-bottom:16px}#serpvidansrr #vidans2 .b_videocard
.video_metadata{max-width:auto;padding:12px 16px}#serpvidansrr #vidans2
```

# Outdoor power shock absorption

```
.b_videocard{margin-bottom:12px;box-shadow:0 0 1px rgba(0,0,0,.05),0 2px 3px
rgba(0,0,0,.1);border-radius:6px}#serpvidansrr .b_rich{padding-top:0}#serpvidansrr #vidans2
.videoPlayer{border-radius:6px 6px 0 0;overflow:hidden}#serpvidansrr #vidans2 .b_videocard
.video_metadata>h3{white-space:nowrap;overflow:hidden;text-overflow:ellipsis;-webkit-line-clamp:1;line-he
ight:15px;height:15px;font-size:13px;color:#000;margin-bottom:20px;font-family:"Arial",Helvetica,Sans-Seri
f;font-style:normal;display:block}#serpvidansrr.vsarr1stbig #vidans2 .b_videocard .video_metadata
.actionmenu{display:none}#serpvidansrr #vidans2 .b_videocard .video_summary,#serpvidansrr #vidans2
.b_videocard .video_source{line-height:15px}#serpvidansrr #vidans2 .b_videocard .videoPlayer
.vtbc{right:0}.vrhc line.nhvpv .pffvi,.vrhc line.nhvpv[data-tps="S"] .pffvt,.vrhc line.nhvpv[data-tps="M"]
.pffvt,.vrhc line.nhvpv[data-tps="L"] .pffvt{display:inline-flex}.vrhc line.nhvpv .vrhct.pffv
.vrhol{display:none}.vrhc line.nhvpv .vrhct.pffv
.player_ol{background:var(--mai-smtc-background-ctrl-on-image-hover);transition:background-color
.5s;display:flex;align-items:center;justify-content:center;padding:var(--smtc-gap-between-content-x-small);ga
p:var(--smtc-gap-between-content-x-small);box-sizing:border-box}.mc_vtvc_th img{transition:all .3s
ease-out}.nhvpv+.mc_vtvc_th
img{transform:scale(1.1)}.smtplayerhtml5{height:100%;width:100%;overflow:hidden}.smtplayerhtml5
video{min-height:100%;min-width:100%}.smtplayerhtml5
.videoplaying{background-color:#000}.smtplayerhtml5.hide{display:none}.pffvt{display:none;color:var(--ma
i-smtc-foreground-ctrl-on-image-rest);font:var(--bing-smtc-text-global-subtitle2-strong)}.pffvi{mask:url(/rp/ui
07wU6K7FR_inzG7DRbP1i8fGo.svg) center
no-repeat;mask-size:12px;background:var(--bing-smtc-background-card-on-image-default);width:20px;height
:20px;flex-shrink:0;align-self:flex-start}[data-tps="L"]
.pffvt{font:var(--bing-smtc-text-global-subtitle2-strong)}[data-tps="L"]
.pffvi{width:22px;height:22px;mask-size:16px}[data-tps="S"] .pffvt{font-size:0}[data-tps="S"]
.pffvi{width:24px;height:24px;mask-size:24px;align-self:center}.hvpv.h5s
.pffvt{display:inline-flex}.hvpv.h5s .vrhct.pffv .vrhol{display:none}.hvpv.h5s .vrhct.pffv
.player_ol{background:var(--mai-smtc-background-ctrl-on-image-hover);transition:background-color
.5s;display:flex;align-items:center;justify-content:center;padding:var(--smtc-gap-between-content-x-small);ga
p:var(--smtc-gap-between-content-x-small);box-sizing:border-box}.pffvt{text-decoration:underline}.vrhc
.vrhol{position:absolute;width:100%;height:35px;max-height:35px;bottom:0;left:0;padding:0;background:non
e;display:block;z-index:9}.vrhc .vrhol.hide,.vrhc .vrhol
.hide{display:none}.vrhot{white-space:nowrap;text-overflow:ellipsis;overflow:hidden;display:inline-block;po
sition:absolute;max-width:240px;height:18px;line-height:14px;margin-left:8px;top:10px;left:0;right:0;border-
radius:2px;padding-right:8px}.vrhot div{display:inline-block}.vrhot
nt{color:#fff;font-size:11px;font-weight:bold;background-color:rgba(0,0,0,.75);padding:2px
8px;margin-left:0;top:0;box-sizing:border-box;position:relative}.vrhc
.ricons{position:absolute;right:8px;top:10px;left:auto;bottom:auto;height:18px;display:inline-block;cursor:poi
nter}.vrhol.icons_1 .vrhot{margin-right:27px}.vrhol.icons_2 .vrhot{margin-right:49px}.vrhol.icons_3
.vrhot{margin-right:79px}.vrhol .vrhot .vsb_tr_chd .vrhol.icons_1
.vrhot{margin-right:0}.vpb{position:absolute;display:block;bottom:0;left:0;height:4px}.vpb
div{position:absolute}.vpb nt{width:0;background:#fff}.vpb
```

```

nt.test{display:none}.vpb.back{background-color:#999}.vrhcp
.vrhol.npb{height:36px;max-height:36px}.vrhol
.vadda{width:22px;height:18px;padding:0;margin-right:0;margin-left:2px;bottom:0;position:relative;display:i
nline-block;z-index:1;background:rgba(0,0,0,.75);border-radius:2px;overflow:hidden}.vrhol
.vadda.hide{display:none}.vrhol .vadda .mc_vfaa{margin:3px 5px}.ricons .vol{float:left}.ricons
.adultFlag{float:right}.vol{width:22px;height:18px;bottom:0;margin-left:1px;margin-right:1px;position:relati
ve;display:inline-block}.vol.hide,.vol .hide{display:none}.vol
.bg{background:rgba(0,0,0,.75);border-radius:2px}.vol.bg,.vol nt{position:absolute;bottom:0}.vol
.vol.bg.volnb{border-radius:0 0 2px 2px}.vol .volsliderHandle.bg{border-radius:2px 2px 0 0}.vol nt
.volsliderHandle{height:70px;display:none;width:22px;float:left;bottom:18px;position:absolute;display:block
}.vol nt .volsliderHandle.hide{display:none}.volsliderHandle
.vsb{height:54px;width:4px;background-color:#999;margin:9px auto
8px;position:relative;display:block;border-radius:2px}.volsliderHandle
.vsh{height:6px;width:14px;padding:9px 7px 9px 7px;margin:0
-12px;display:block;position:absolute;top:30px}.volsliderHandle .vsh.hide{display:none}.volsliderHandle
.vshi{height:4px;width:14px;background-color:#fff;border-radius:2px}.volMuteIcon{width:16px;height:14px;
margin:2px
4px;float:left}.volMuteHandle{width:22px;height:18px}.vo{background:url(/rp/ffZxBXEIP9WYOO0jhTaEl
yLhEVU.svg) no-repeat}.vm{background:url(/rp/fsX-ZVd03wB2TL0vmQJxSp4U9vs.svg)
no-repeat}.vl{background:url(/rp/YXYMPC1Rry_XJGc7Yg8lR4B2eEs.svg)
no-repeat}.vf{background:url(/rp/NosrlR4amKTs1zYxWy3laZN3HRk.svg)
no-repeat}@media(forced-colors:active){.vol{forced-color-adjust:none}.vrhc line .vt_vp,.vrhc.popout
.vt_vp,.vrhc.mousefollow
.vt_vp{position:absolute;bottom:0;border:hidden;padding:0;top:0;left:0;z-index:3}.vrhc
.hide{display:none}.vrh_clc .vt_vp,.vrh_clc .vrhc .vrhi,.vrh_clc .player_ol{cursor:pointer}.vrh_clc
.cico{border-radius:0}.vrhc{border:hidden;top:0;left:0;padding:0}.vrhc.mousefollow .vrhc,.vrhc.popout
.vrhc{background-color:#999}.vrhpc.load
.player_ol{background:url(/rp/J_o2maogFDeUOsovPJL-ofEuxJ4.gif) center center no-repeat}.vrhc line .vrhc
.vrhi,.vrhc.popout .vrhc .vrhi,.vrhc.mousefollow .vrhc
.vrhi{position:absolute!important;border:hidden;z-index:2;padding:0;left:0;top:0}.player_ol{position:absolute
;width:100%;height:100%;bottom:0;border:hidden;z-index:7}.vrhc.popout,.vrhc
line,.vrhc.mousefollow{border-radius:6px;overflow:hidden;display:table-row-group;background:none}.vrhc.p
opout,.vrhc.mousefollow{z-index:4;box-shadow:0 4px 4px rgba(0,0,0,.1),0 2px 80px rgba(0,0,0,.2)}.vrhc
line{z-index:1;margin:0}.vrhc.popout,.vrhc line{position:absolute;top:0}.vrhc.popout{border:1px solid
#fff}.vrhc.mousefollow{position:fixed}.vrhcp{position:relative;top:0;left:0;display:table-row}.vrhcp
.vrhc{position:relative;overflow:hidden}.vrhc.hide{display:none}@keyframes
vh_fadein{from{opacity:0}to{opacity:1}}.vrhc.not(.hide){animation:vh_fadein 250ms}.vrhc line
img{color:transparent}.vrhc
line.fullsize{height:100%}.vrhc,.vrhc.hover,.vrhc.link,.vrhc.active,.vrhc.visited{color:#000;text-decoration:no
ne}.vrhc.vrh_clc{cursor:pointer}a.hover-anchor{display:block;height:100%;width:100%;text-decoration:none
}.vrhstat{height:0;overflow:hidden}Videos of Outdoor Power Shock absorptionWatch video on 1:58What is

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# Outdoor power shock absorption

i-smtc-padding-card-default)}.rcimgcol .b\_imgSet .b\_hList .cico a{display:flex;outline-offset:-2px}.rcimgcol .b\_hList>li{position:relative;padding-bottom:0}.rcimgcol .b\_hList>li .iacf\_smol{pointer-events:none;border-top-right-radius:var(--mai-smtc-corner-card-default);border-bottom-right-radius:var(--mai-smtc-corner-card-default);white-space:normal}.rcimgcol .b\_hList .cico{margin-bottom:0}.iacf\_smol{display:flex;justify-content:center;align-items:center;gap:var(--smtc-gap-between-content-xx-small);width:100%;height:100%;background:rgba(0,0,0,.6);position:absolute;left:0;top:0;color:var(--mai-smtc-foreground-ctrl-on-image-rest);font:var(--bing-smtc-text-global-body2-strong);flex-wrap:wrap;align-content:center;text-align:center}.iacf\_smol:hover{text-decoration:underline}.iacfmit[data-nohov].iacfimgc .cico img{transform:none}FieldTurfShock Pad Systems - Artificial Turf, Sports - FieldTurfSee MoreSportLite offers impact protection, energy absorption and fast vertical & horizontal drainage. ProPlay is a thermal bonded (closed-cell) cross-linked polyethene foam (XPE or PEX). The system is assembled ...

SportLite offers impact protection, energy absorption and fast vertical & horizontal drainage. ProPlay is a thermal bonded (closed-cell) cross-linked polyethene foam (XPE or PEX). The system is assembled ...

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